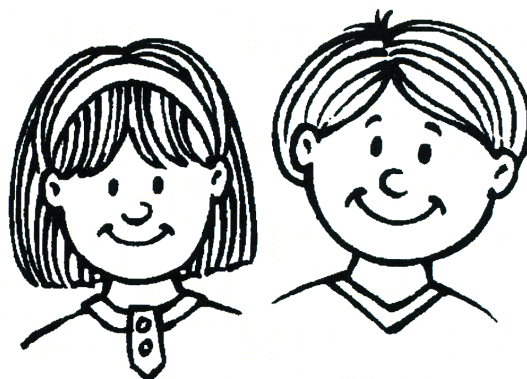
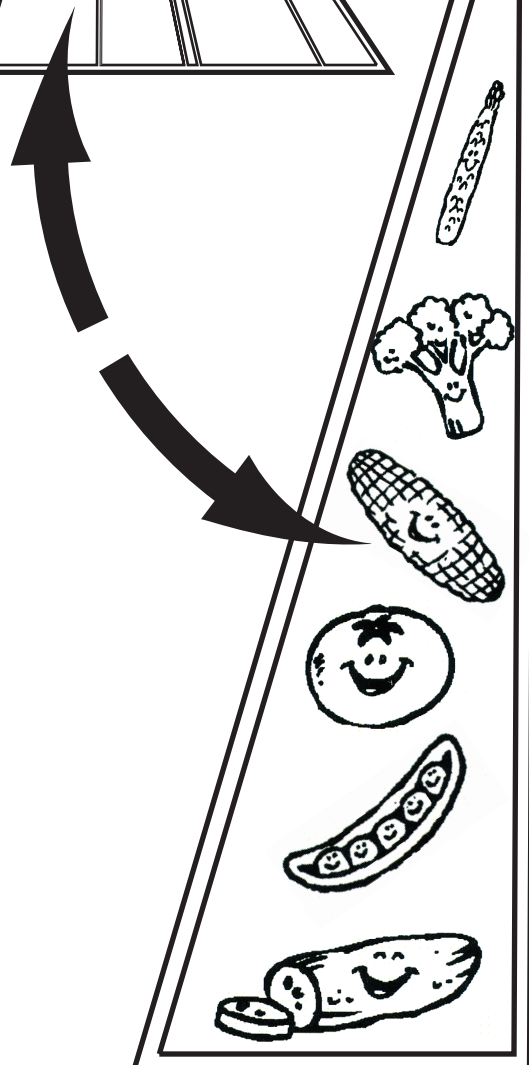
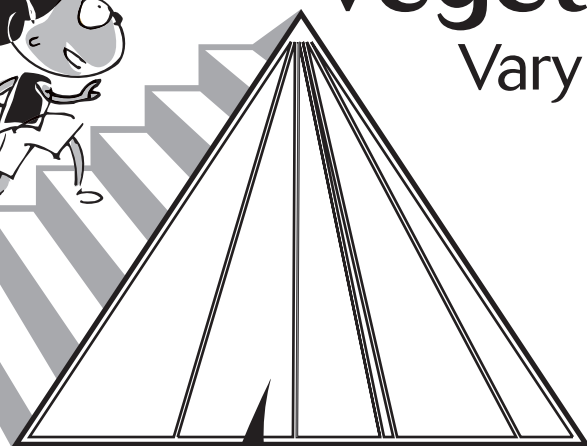


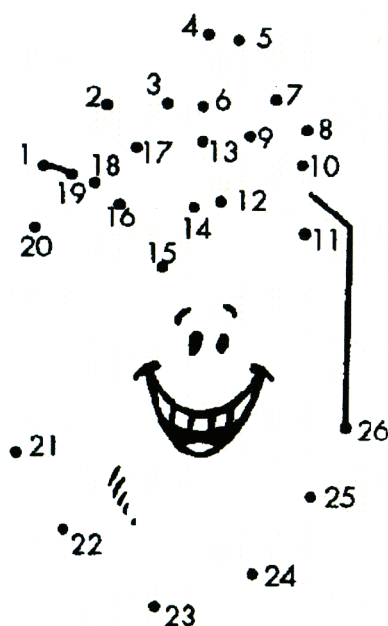
Kid's Page

Vegetable Group

Vary your veggies



Connect the dots to draw a special vegetable.



You need to eat vegetables every day to give your body the vitamins it needs for healthy skin, hair, and eyes. Color vegetables that you like. Outline the triangle with green.

Book in a Bag—Healthy Eating with MyPyramid: The Vegetable Group